#### Who can turn to us?

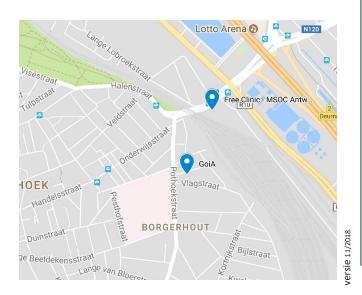
GoiA supports pregnant women and parents with a drug problem who live in Antwerp or rely on Antwerp assistance services.

#### Interessed?

Call or email us if you are curious about what we can do for you. We always start with an introductory meeting in which we explain more about how we work. Together with you, we look at whether our services would be helpful for you.

# Where can you find us?

We are located at Zeilstraat 16, a side street from Pothoekstraat in Antwerp Noord, near PZ Stuivenberg where bus lines 23 and 24 stop. The Handel and Schijnpoort tram stops, where you can catch the trams 2, 3, 5 or 6, are a 10-minute walk away.



### Have questions or interest in the offer?



Zeilstraat 16.

2060 Antwerpen



03 236 85 66 - 0486 14 76 26



Info@goia.be



www.goia.be

Drop by our location, email us or call for an appointment.

## **Opening hours:**

Monday through Friday

10:00 - 12:30 and 13:30 - 17:00

GoiA is a department of Free Clinic VZW in collaboration with Zorgbedrijf Antwerpen. GoiA is financed by the City of Antwerp.









Supporting parents with a drug problem





Brochure for parents



## What is GoiA?

GoiA is a project of Free Clinic VZW in collaboration with Zorgbedrijf Antwerpen that supports (future) parents with a drug problem in their parent role. The GoiA team consists of 3 experienced care providers.

#### Why choose GoiA?

Being pregnant and raising children is exciting, but it is also quite a job. Certainly when you have a drug problem or have had drug problems. In addition to your parental duties, you may also have a lot of other things on your mind: the fear of losing your child, financial problems, threatening homelessness, administrative red tape...

Drug use is also an additional risk factor when it comes to raising children. That is why drug use and parenthood raise questions and uncomfortable feelings for many people. Care providers also sometimes react uncomfortably. This can give you the feeling that they do not trust you or that you are not heard and understood as a parent. Sometimes, you no longer know who to turn to or you lose your perspective. At GoiA, we sort it out and coordinate assistance.

By allowing support, you can ensure that these risks remain limited. In this way, you increase the chance of being able to continue to fulfil your own parent role.

# What exactly GoiA does?

We support (future) mums and dads with a drug problem.

We first listen to your questions and concerns. Then we make a plan together that ensures that everyone around you and your family works together as well as possible in the interests of you and your child. We then bring various services and support figures together around the table to coordinate everything. And then we follow up on this plan.

We also give you information about pregnancy, upbringing, your child's development and drug use...

We will guide you through the wide range of assistance on issues of child-raising, addiction, housing, income, etc. and support you in making an appointment with other services.

We do all this together with you.

Our guidance is voluntary

and completely free!

# FAQ's

- As a mother with a drug problem, how can I still be a good mother?
- I am homeless and pregnant, where can I go?
- I'm afraid they will take my child. What can I do?
- How do I tell my children about my drug use?
- My child does not listen to me. How can I handle that?
- What if my children are placed under the supervision of the juvenile court?
- What do I tell my child's school?
- How can I deal with prejudices and negative attitudes towards me?
- How can I continue to fulfil my role as a parent if my child does not live with me?